

HEALTH & LEISURE WALKS

All welcome to guided, **free**, sociable, HDC walks led by trained volunteers; no need to book, just turn-up at the start point. A booklet containing over 250 walks is available from the Walks Co-ordinator on 07720 714306 or online at www.horshamhealthwalks.co.uk Beginners are recommended to contact the Walk Leader: to discuss suitability. All walks can be wet and muddy in places. Forthcoming walks in the Nuthurst Parish and neighbouring areas are as follows:-

Every Sunday & Wednesday 2:30pm: Horsham Heritage Guided Walks A 2 mile walk taking 90 minutes Meet at the Museum in the Causeway. Do you know much about the history of Horsham? Guided historical walk around Horsham to learn more about its' history and to see changes that have happened over the past centuries. Supported by The Horsham Society. Please ring for more information. Contact: Jill 07780 701184

Fri 6 & 20 July 11:00am: Southwater (1) A 2½ mile flat circular walk along bridleways, country lanes and the Downs Link.. Meet in the Country Park car park (off Cripplegate Lane) RH13 7UN TQ 161258. Southwater Country Car Park Charge (50p for one hour £1.50 for up to 3 hours- Apr to Oct) (Free weekdays Nov to Mar) No stiles but not suitable for wheelchairs, buggies and prams, as can be muddy. No dogs please. The Park café will be open for refreshments at the end if you wish. Contact: Jill 07780 701184

Sun 8 & 22 July 10:00am: Leechpool and Owlbeech Weekend Walk A lovely woodland 2½ mile walk, taking 1½ hours, generally following main paths and easy under foot, although a small part of the walk will be on narrower paths with tree roots, stubs and uneven ground. Some inclines. Can be muddy in places. No dogs. Meet at Leechpool Wood car park, Horsham (TQ194313), off Harwood Road (B2195) Leader: Alex 01403 273751

Sat 14 July 10:00am: Annual Horsham Riverside Walk 2018. Meet at Horsham Rugby Club in Hammerpond Road RH13 6PJ. A 13 mile, circular route, taking 5½ hours, with a free minibus back to start from designated stops. Signage along the route and stewards will ensure the correct route is followed. Treasure hunt for children aged 12 and under Refreshments/toilets available. To register: e-mail: horshamriversidewalk@gmail.com

Thu 19 July 10:00am: George & Dragon, Dragons Green. A 5¾ mile circular walk near Shipley, (the pub with a gravestone in the garden), on undulating Wealden tracks and through woodland. Meet in pub car park (RH13 8GE TQ 139235). Good beer and excellent food. No dogs. 2¾ hours. Leader: Geoff 01403 258180

Wed 25 July 10:45am: Crawley Down – North Tickhurst Farm A variety of 4½ mile countryside walks with gentle undulating terrain. We may encounter animals. Meet at Hazel Way/Cob Close junction (RH10 4EX), Crawley Down. 2 hours. Leader: Pat 01342 712591