



All welcome to guided, **free**, sociable, HDC walks led by trained volunteers; no need to book, just turn-up at the start point. A booklet containing over 250 walks is available from the Walks Co-ordinator on 07720 714306 or online at www.horshamhealthwalks.co.uk Beginners are recommended to contact the Walk Leader: to discuss suitability. All walks can be wet and muddy in places. Forthcoming walks in the Nuthurst Parish and neighbouring areas are as follows:-

Every Sunday & Wednesday in June 2:30pm: Horsham Heritage Guided Walks A 2 mile walk taking 90 minutes Meet at the Museum in the Causeway. Do you know much about the history of Horsham? Guided historical walk around Horsham to learn more about its' history and to see changes that have happened over the past centuries. Supported by The Horsham Society. Please ring for more information. **Contact: Jill 07780 701184**

Fri 8 & 22 June 11:00am: Southwater (1) A 2½ mile flat circular walk along bridleways, country lanes and the Downs Link.. Meet in the Country Park car park (off Cripplegate Lane) RH13 7UN TQ 161258. **Southwater Country Car Park Charge (50p for one hour £1.50 for up to 3 hours- Apr to Oct) (Free weekdays Nov to Mar)** No stiles but not suitable for wheelchairs, buggies and prams, as can be muddy. No dogs please. The Park café will be open for refreshments at the end if you wish. **Contact: Jill 07780 701184**

Sun 10, 17 & 24 June 10:30am: Leechpool and Owlbeech Woods A lovely woodland 2¼ mile walk, taking 1¼ hours, generally following main paths and easy under foot, although a small part of the walk will be on narrower paths with tree roots, stubs and uneven ground. Some inclines. Can be muddy in places. Dogs on a lead are welcome. Meet at Leechpool Wood car park, Horsham (TQ194313), off Harwood Road (B2195) **Leader: Armelle 01403 260342**

Sat 16 June 10:30am: SUSSEX DAY WALK Meet at Millais School Depot Road. Park in Depot Road, Hampers Lane and Smithbarn. Please do not park across drives. Join us for this delightful 6-mile walk, taking 3 hours, - the start of the Sussex High Weald Walk, which goes onto Rye! We are not going that far today, you will be glad to hear. We start at the East End of Depot Road and into St Leonards Forest following the High Weald Way, for some of the time. Then we leave it, to wend our way back through the Forest to the start. Can be muddy. Well behaved dogs welcome. **Leaders: Jill 07780 701184 or Alex 01403 273751 or Douglas 01403 268807**

Fri 22 June 10:00am: Lower Beeding. A 5-mile mostly flat (some slopes) walk through open fields and woodland along the edge of Leonardslee and part of the "Ouse Valley Way". Park at the Village Hall (RH14 6NR TQ 220265) on the B2110 off the A281 at Lower Beeding. No dogs. 2½ hours **Leader: Margaret 01403 262311**