



HEALTH & LEISURE WALKS

All welcome to guided, **free**, sociable, HDC walks led by trained volunteers; no need to book, just turn-up at the start point. A booklet containing over 250 walks is available from the Walks Co-ordinator on 07720 714306 or online at www.horshamhealthwalks.co.uk Beginners are recommended to contact the Walk Leader: to discuss suitability. All walks can be wet and muddy in places. Forthcoming walks in the Nuthurst Parish and neighbouring areas are as follows:-

Every Thursday, 11:00am: Billingshurst (2) A 2¼ mile flat walk taking 1 hour. Stay for coffee afterwards, May be muddy, please wear suitable footwear. **Parking 75p per hour. Annual permits available** Dogs on leads are allowed. Meet in the library car park, Mill Lane RH14 9JZ (TQ086260) **Leaders: Jean 01403 581865 or Chris 01403 782745**

Sun 3 & 10 December 10:30am: Leechpool and Owlbeech Woods A lovely woodland 2¼ mile walk, taking 1¼ hours, generally following main paths and easy under foot, although a small part of the walk will be on narrower paths with tree roots, stumps and uneven ground. Some inclines. Can be muddy in places. Dogs on a lead are welcome. Meet at Leechpool Wood car park, Horsham (TQ194313), off Harwood Road (B2195) **Leader: Armelle 01403 260342**

Fri 8 & 22 December 11:00am: Southwater (1) A 2½ mile flat circular walk along bridleways, country lanes and the Downs Link. Meet in the Country Park car park (off Cripplegate Lane) RH13 7UN TQ 161258. **Southwater Country Car Park Charge (50p for one hour £1.50 for up to 3 hours- Apr to Oct) (Free weekdays Nov to Mar)** No stiles but not suitable for wheelchairs, buggies and prams, as can be muddy. Dogs allowed on a lead. Walkers can choose to walk for 30 or 75 minutes. The Park café will be open for refreshments at the end if you wish. **Contact: Jill 07780 701184**

Tue 12 December 9:30am: Buchan Country Park (2). Meet in the car park off Horsham Road (A2220), RH11 9HQ, on the Crawley to Horsham side of the dual carriageway (entrance TQ245347). A wooded area with some open heathland, meadows and ponds. An easy 3 mile walk, taking 1 hour, with well-defined paths. Nature Reserve area with toilets next to the Countryside Centre. No dogs. **Leaders: Richard 01403 230293 or Emmy 01403 255517**

Sat 16 December 10:30am: West Grinstead Mince Pie Walk Meet at West Sussex County Council car park adjacent to the Downs Link, RH13 8LY (TQ183225), on the A272 between the A24 and the A281, immediately opposite Park Lane, near 'The Orchard' restaurant. A circular walk along the Downs Link, through meadows towards Partridge Green and St Hugh's Charterhouse Monastery at Shermanbury, returning to the railway carriage information centre staffed by volunteers offering reasonably priced refreshments. The leaders will offer Mince pies, Tea/Coffee for £1 to cover cost and donate profit to the railway carriage. Possibility of Livestock and mud. Some stiles. No dogs. **Leaders: Jill 07780 701184 or Jean 07734 323321**