

All welcome to guided, **free**, sociable, HDC walks led by trained volunteers; no need to book, just turn-up at the start point. A booklet containing over 250 walks is available from the Walks Co-ordinator on 07720 714306 or online at www.horshamhealthwalks.co.uk Beginners are recommended to contact the Walk Leader: to discuss suitability. All walks can be wet and muddy in places. Forthcoming walks in the Nuthurst Parish and neighbouring areas are as follows:-

Every Sunday in March 10:30am: Leechpool and Owlbeech Woods A lovely woodland 2½ mile walk, taking 1½ hours, generally following main paths and easy under foot, although a small part of the walk will be on narrower paths with tree roots, stubs and uneven ground. Some inclines. Can be muddy in places. Dogs on a lead are welcome. Meet at Leechpool Wood car park, Horsham (TQ194313), off Harwood Road (B2195). Leader: Armelle 01403 260342

Fri 2. 16 & 30 March 11:00am: Southwater (1) A 2½ mile flat circular walk along bridleways, country lanes and the Downs Link. Meet in the Country Park car park (off Cripplegate Lane) RH13 7UN TQ 161258. Southwater Country Car Park Charge (50p for one hour £1.50 for up to 3 hours- Apr to Oct) (Free weekdays Nov to Mar) No stiles but not suitable for wheelchairs, buggies and prams, as can be muddy. Dogs allowed on a lead. Walkers can choose to walk for 30 or 75 minutes. The Park café will be open for refreshments at the end if you wish. Contact: Jill 07780 701184

Mon 5 March 10:30 am: Chesworth Wander Park at Hillier Garden Centre site, Brighton Road, Horsham, RH13 6QA (TQ187296), on the gravel farthest away from the entrance. Bus 17 from the Carfax stops right outside the Garden Centre. A 3-mile walk, taking 1½ hours, leaving Hillier we walk towards Chesworth Farm on parts of the Riverside Walk and travel various pathways around the Farm, returning to Hillier. Refreshments and toilets are available in the cafe. Can be muddy in places. Dogs welcome Leader Jill Shuker 07780 701184

Tue 20 March 10:30am: East Riverside Walk Meet at Hillier Garden Centre, Brighton Road, Horsham, RH13 6QA (TQ187296). Please park on the gravel at the farthest end of the car park. Join us in a circular 5-mile walk, taking $2\frac{1}{2}$ hours going anticlockwise around Horsham using part of the marked Riverside Walk. This will be very muddy in parts. After the walk, the cafe at the Garden centre is a great place for coffee or lunch. Toilets at the Garden Centre. The Brighton bus stops outside the Garden Centre, please check timetables for suitable bus. No dogs **Leader: Jill Shuker 07780 701184**

Sat 24 March 10.30am: Sedgwick Park Circular. We have had permission to park at Hillier Garden Centre, Brighton Road. (RH13 6QA) Please drive into the parking area, then drive right down to the bottom on the gravel and park there. There is a bus stop right outside the Garden centre, it is route 17 to Brighton. A lovely 6 mile walk, taking 2½ hours, along the byways and footpaths just south of Horsham We go down Kerves Lane and then across to Sedgwick Park. Lovely views across Horsham and the south east, particularly in the winter. There will be horses and cows in the fields we cross, so please no dogs. Maybe muddy in places. The café in the Garden Centre offers tasty snacks at lunchtime. Leader: Douglas 01403 268807 or Jill Shuker 07780 701184