

HEALTH & LEISURE WALKS

All welcome to guided, **free**, sociable, HDC walks led by trained volunteers; no need to book, just turn-up at the start point. A booklet containing over 250 walks is available from the Walks Co-ordinator on 07720 714306 or online at www.horshamhealthwalks.co.uk Beginners are recommended to contact the Walk Leader: to discuss suitability. All walks can be wet and muddy in places. Forthcoming walks in the Nuthurst Parish and neighbouring areas are as follows:-

Every Thursday, 11:00am: Billingshurst (2) A 2½ mile flat walk taking 1 hour. Stay for coffee afterwards, May be muddy, please wear suitable footwear. Parking 75p per hour. Annual permits available Dogs on leads are allowed. Meet in the library car park, Mill Lane RH14 9JZ (TQ086260) Leaders: Jean 01403 581865 or Chris 01403 782745

Every Sunday 10:30am: Leechpool and Owlbeech Woods A lovely woodland 2½ mile walk, taking 1½ hours, generally following main paths and easy under foot, although a small part of the walk will be on narrower paths with tree roots, stubs and uneven ground. Some inclines. Can be muddy in places. Dogs on a lead are welcome. Meet at Leechpool Wood car park, Horsham (TQ194313), off Harwood Road (B2195).**Leader: Armelle 01403 260342**

Fri 10 & 24 November 11:00am: Southwater (1) A 2½ mile flat circular walk along bridleways, country lanes and the Downs Link.. Meet in the Country Park car park (off Cripplegate Lane) RH13 7UN TQ 161258. Southwater Country Car Park Charge (50p - Nov to Mar) (£1.50 - Apr to Oct) No stiles but not suitable for wheelchairs, buggies and prams, as can be muddy. Dogs allowed on a lead. Walkers can choose to walk for 30 or 75 minutes. The Park café will be open for refreshments at the end if you wish. Contact: Jill 07780 701184

Mon 13 November 10:30am: Park and Hop from Hop Oast. Meet at the Hop Oast Park and Ride, Horsham Worthing Road, RH13 0AR. A 2 mile walk, taking one hour. Bus 23 and 98 from Horsham takes you to the Park and Ride. We walk through the new golf course and take a gentle stroll down through one of several routes in Denne Park/Chesworth into Horsham in time for coffee. Alternatively, you can park in the Park and Ride, walk into Horsham, and get the bus back. Don't forget your bus pass. Sorry No dogs. Leaders: Jill 07780 701184 or Jean 07734 323321

Wed 15 November 10:45am: Crawley Down – Going East A variety of 4½ mile countryside walks with gentle undulating terrain. We may encounter animals. Meet at Hazel Way/Cob Close junction (RH10 4EX), Crawley Down. 2 hours. Leader: Pat 01342 712591

Tue 21 November 10:00am: Leechpool & Owlbeech Woods (1), various 2/3 mile generally easy circular walks, some gentle slopes. Suitable for new walkers and families most welcome. Meet in the Leechpool Wood car park (Roffey End), off Harwood Road (B2195), Horsham (TQ 194313). No dogs please. 1 to 1 ½ hours. Leader: Emmy 01403 255517