



HEALTH & LEISURE WALKS

All welcome to guided, **free**, sociable, HDC walks led by trained volunteers; no need to book, just turn-up at the start point. A booklet containing over 250 walks is available from the Walks Co-ordinator on 07720 714306 or online at www.horshamhealthwalks.co.uk Beginners are recommended to contact the Walk Leader: to discuss suitability. All walks can be wet and muddy in places. Forthcoming walks in the Nuthurst Parish and neighbouring areas are as follows:-

Every Sunday & Wednesday 2:30pm: Horsham Heritage Guided Walks A 2 mile walk taking 90 minutes Meet at the Museum in the Causeway. Do you know much about the history of Horsham? Guided historical walk around Horsham to learn more about its' history and to see changes that have happened over the past centuries. Supported by The Horsham Society. Please ring for more information. **Jill 07780 701184**

Fri 1, 15 & 29 September 11:00am: Southwater (1) A 2½ mile flat circular walk along bridleways, country lanes and the Downs Link.. Meet in the Country Park car park (off Cripplegate Lane) RH13 7UN TQ 161258. **Southwater Country Car Park Charge (50p - Nov to Mar) (£1.50 - Apr to Oct)** No stiles but not suitable for wheelchairs, buggies and prams, as can be muddy. Dogs allowed on a lead. Walkers can choose to walk for 30 or 75 minutes. The Park café will be open for refreshments at the end if you wish. **Contact: Jill 07780 701184**

Sun 10, 17 & 24 September 10:30am: Leechpool and Owlbeech Woods A lovely woodland 2¼ mile walk, taking 1¼ hours, generally following main paths and easy under foot, although a small part of the walk will be on narrower paths with tree roots, stubs and uneven ground. Some inclines. Can be muddy in places. Dogs on a lead are welcome. Meet at Leechpool Wood car park, Horsham (TQ194313), off Harwood Road (B2195). **Leader: Armelle 01403 260342**

Mon 11 September 10:00am: West Grinstead Church & the Downs Link A 5½ mile circular, fairly flat, walk around fields and woods and along the Downs Link. Meet in the WSCC car park next to the Downs Link at West Grinstead (RH13 8LU, TQ183226). Dogs allowed on a lead. 2½ hours. **Leader: Irene 01403 783637 / 07790 420752**