



HEALTH & LEISURE WALKS

All welcome to guided, **free**, sociable, HDC walks led by trained volunteers; no need to book, just turn-up at the start point. A booklet containing over 250 walks is available from the Walks Co-ordinator on 07720 714306 or online at www.horshamhealthwalks.co.uk Beginners are recommended to contact the Walk Leader: to discuss suitability. All walks can be wet and muddy in places. Forthcoming walks in the Nuthurst Parish and neighbouring areas are as follows:-

Wed 10 & 24 October 10:45am: Crawley Down –Going East A variety of 4½ mile countryside walks with gentle undulating terrain. We may encounter animals. Meet at Hazel Way/Cob Close junction (RH10 4EX), Crawley Down. 2 hours. **Leader: Pat 01342 712591**

Fri 12 & 26 October 11:00am: Southwater (1) A 2½ mile flat circular walk along bridleways, country lanes and the Downs Link.. Meet in the Country Park car park (off Cripplegate Lane) RH13 7UN TQ 161258. **Southwater Country Car Park Charge (50p for one hour £1.50 for up to 3 hours- Apr to Oct) (Free weekdays Nov to Mar)** No stiles but not suitable for wheelchairs, buggies and prams, as can be muddy. No dogs please. The Park café will be open for refreshments at the end if you wish. **Contact: Alex 01403 273751**

Sun 14 & 28 October 10:30am: Leechpool and Owlbeech Weekend Walk A lovely woodland 2¼ mile walk, taking 1¼ hours, generally following main paths and easy under foot, although a small part of the walk will be on narrower paths with tree roots, stubs and uneven ground. Some inclines. Can be muddy in places. No Dogs. Meet at Leechpool Wood car park, Horsham (TQ194313), off Harwood Road (B2195) **Leader: Alex 01403 273751**

Mon 29 October 10:30am: Chesworth Wander Park at Hillier Garden Centre site, Brighton Road, Horsham, RH13 6QA (TQ187296), on the gravel farthest away from the entrance. Bus 17 from the Carfax stops right outside the Garden Centre. A 4½-mile walk, taking 2 hours, leaving Hillier we walk towards Chesworth Farm on parts of the Riverside Walk and travel various pathways around the Farm, returning to Hillier. Refreshments and toilets are available in the cafe. Can be muddy in places. Dogs welcome **Leader Jill 07780 701184**