

HEALTH & LEISURE WALKS

All welcome to guided, **free**, sociable, HDC walks led by trained volunteers; no need to book, just turn-up at the start point. A booklet containing over 250 walks is available from the Walks Co-ordinator on 07720 714306 or online at www.horshamhealthwalks.co.uk Beginners are recommended to contact the Walk Leader: to discuss suitability. All walks can be wet and muddy in places. Forthcoming walks in the Nuthurst Parish and neighbouring areas are as follows:-

Every Sunday & Wednesday 2:30pm: Horsham Heritage Guided Walks A 2 mile walk taking 90 minutes Meet at the Museum in the Causeway. Do you know much about the history of Horsham? Guided historical walk around Horsham to learn more about its' history and to see changes that have happened over the past centuries. Supported by The Horsham Society. Please ring for more information. Jill 07780 701184

Sun 2 & 9 July 10:30am: Leechpool and Owlbeech Woods A lovely woodland 2½ mile walk, taking 1½ hours, generally following main paths and easy under foot, although a small part of the walk will be on narrower paths with tree roots, stubs and uneven ground. Some inclines. Can be muddy in places. Dogs on a lead are welcome. Meet at Leechpool Wood car park, Horsham (TQ194313), off Harwood Road (B2195).**Leader: Armelle 01403 260342**

Mon 3 July 10:30am: West Grinstead. Park and meet at St George's Parish Church, Steyning Road (RH13 8LR TQ171208). Going south from Horsham along A24 after Buck Barn traffic lights turn left along B2135 signposted Partridge Green then first right at wooden bungalow. A flat, 5 mile circular meadow walk, over farmland. Excellent views of the South Downs. No dogs. 2½ hours. Leaders: Jean 07734 323321 or Alex 01403 273751

Fri 7 & 21 July 11:00am: Southwater (1) A 2½ mile flat circular walk along bridleways, country lanes and the Downs Link.. Meet in the Country Park car park (off Cripplegate Lane) RH13 7UN TQ 161258. Southwater Country Car Park Charge (50p - Nov to Mar) (£1.50 - Apr to Oct) No stiles but not suitable for wheelchairs, buggies and prams, can be muddy. Dogs allowed on a lead. Walkers can choose to walk for 30 or 75 minutes. The Park café will be open for refreshments at the end if you wish. Contact: Jill 07780 701184

Sat 15 July 10am: Annual Horsham Riverside Walk 2017. Meet at Horsham Rugby Club in Hammerpond Road RH13 6PJ. A 13 mile, circular walk, taking 5½ hours, with a free minibus back to start from designated stops. Signage along the route and Stewards will ensure the correct route is followed. Treasure hunt for children aged 8 and under and photographic competition open to all ages. Refreshments/toilets available. To register: Jill Shuker 07780 701184 e-mail: horshamriversidewalk@gmail.com

Wed 19 July 10:45am: Crawley Down – North Tickhurst Farm A variety of 4½ mile countryside walks with gentle undulating terrain. We may encounter animals. Meet at Hazel Way/Cob Close junction (RH10 4EX), Crawley Down. 2 hours. Leader: Pat 01342 712591