

HEALTH & LEISURE WALKS

All welcome to guided, **free**, sociable, HDC walks led by trained volunteers; no need to book, just turn-up at the start point. A booklet containing over 250 walks is available from the Walks Co-ordinator on 07720 714306 or online at www.horshamhealthwalks.co.uk Beginners are recommended to contact the Walk Leader to discuss suitability. All walks can be wet and muddy in places. Forthcoming walks in the Nuthurst Parish and neighbouring areas are as follows:-

Every Sunday & Wednesday 2:30pm: Horsham Welcome Walks A 2 mile walk taking 90 minutes Meet at the Museum in the Causeway. Horsham is a lovely place to live but do you know much about its history? Join us for a walk around Horsham centre and learn more about where we live and work. Supported by The Horsham Society and HDC. Please ring for more information. Jill 07780 701184

Sat 1 April 10:45am: Crawley Down – going East A 4½ mile flat walk (some stiles) along the Worth Way and beyond. Meet at Hazel Way/Cob Close junction (RH10 4EX), Crawley Down. 2 hours. **Leader Pat 01342 712591**

Sun 2 & 30 April 10:30am: Leechpool and Owlbeech Woods A lovely woodland 2½ mile walk, taking 1½ hours, generally following main paths and easy under foot, although a small part of the walk will be on narrower paths with tree roots, stubs and uneven ground. Some inclines. Can be muddy in places. Dogs on a lead are welcome. Meet at Leechpool Wood car park, Horsham (TQ194313), off Harwood Road (B2195).Leader: Armelle 01403 260342

Mon 3 April 10:00am: West Grinstead Church & the Downs Link A 5 ½ mile circular, fairly flat, walk around fields and woods and along the Downs Link. Meet in the WSCC car park next to the Downs Link at West Grinstead (RH13 8LU, TQ183226). Dogs allowed on a lead. 2½ hours. Leader Irene 01403 783637 / 07790 420752

Tue 4 & 18 April 9:30am: Buchan Country Park (2). Meet in the car park off Horsham Road (A2220), RH11 9HQ, on the Crawley to Horsham side of the dual carriageway (entrance TQ245347). A wooded area with some open heathland, meadows and ponds. An easy 3 mile walk, taking 1½ hours, with well-defined paths. Nature Reserve area with toilets next to the Countryside Centre. No dogs. Leaders Richard 01403 230293 or Emmy 01403 255517

Mon 10 April 10:30am: Park and Hop from Hop Oast Meet at the Hop Oast Park and Ride, Horsham Worthing Road, RH13 0AR. A 2 mile walk, taking one hour. Bus 23 and 98 from Horsham takes you to the Park and Ride. We

walk through the new golf course and take a gentle stroll down through one of several routes in Denne Park/Chesworth into Horsham in time for coffee. Alternatively, you can park in the Park and Ride, walk into Horsham, and get the bus back. Don't forget your bus pass. Sorry No dogs. **Leaders: Jill 07780 701184 or Jean 07734 323321**

Fri 14 & 28 April 11:00am: Southwater (1) A 2½ mile flat circular walk along bridleways, country lanes and the Downs Link.. Meet in the Country Park car park (off Cripplegate Lane) RH13 7UN TQ 161258. Southwater Country Car Park Charge (50p - Nov to Mar) (£1.50 - Apr to Oct) Not suitable for wheelchairs, buggies and prams, can be muddy. Dogs allowed on a lead. 1¼ hours. Walkers can choose to walk for 30 or 75 minutes. The Park café will be open for refreshments at the end if you wish. Contact: Jill 07780 701184

Mon 24 April 10:00am: St. George's Day Walk Park and meet at St George's Parish Church, Steyning Road (RH13 8LR), from Horsham along A24 after Buck Barn traffic lights turn left along B2135 signposted Partridge Green then first right at wooden bungalow. Flat 5 mile circular meadow walk over farmland. Excellent views of the South Downs. No dogs. 2½ hours. Leaders Jean 07734 323321 or Jill 07780 701184