



## Patient Roundup

12th March – 23rd March 2018

### Crawley CCG and Horsham and Mid Sussex CCG

Welcome to the new format for the Patient roundup for 2018. We are now part of the Central Sussex Commissioning Alliance, a new joint way of working across the four CCGs (Clinical Commissioning Group) of central Sussex – Brighton and Hove, Crawley, High Weald Lewes Havens and Horsham and Mid Sussex – that will allow the organisations to work closer together to commission services more efficiently and effectively for our local populations.

#### **Dermatology Services – engagement opportunity**

Have you been diagnosed and/or been treated for skin cancer? Do you, or does a member of your family have a long term skin condition like psoriasis or eczema?. Do you regularly attend a hospital for your dermatology appointments or have you used dermatology services recently? NHS health commissioners are reviewing local Dermatology services to understand how services can continue to be delivered and improved over the next five years. In addition to engaging with relevant patient support organisations, commissioners are keen to hear from those in our community, who have an interest in or experience of using these services, as well as their friends and families. We are planning to hold a number of engagement opportunities in April and May and are keen to hear from you and to hear your views.

We are particularly keen to hear from people who would be interested in working closely with the commissioning team to support our patient and public engagement work as well as supporting discussions with the clinical teams who currently deliver dermatology services. There is also the opportunity to be involved in the procurement of new services. Your support would be appreciated from April 2018 for up to a year but we would be happy to tailor this to suit your circumstances. If you are interested in this role please email [HSCCG.ContactUs-PlannedCare@nhs.net](mailto:HSCCG.ContactUs-PlannedCare@nhs.net) for further information and to register your interest.

**Podcast for Parents'** looks at the different resources and services available to parents and carers when their child falls ill or has an accident. [here](#)

#### **AGM Date Change. The provisional date for the AGM has changed; information to follow.**

NHS Crawley and NHS Horsham and Mid Sussex Clinical Commissioning Groups will hold their AGMs together. A meeting of the Governing Body will follow the AGM. The AGM is an opportunity to look back on some of the successes and highlights of the past year and to discuss future plans for the NHS in Crawley, Horsham and Mid Sussex. All are welcome. This year's AGM will be a smaller event than in previous years, taking around an hour, with tea and coffee refreshments.

#### **Maternity Services in Sussex: closes 31 March 2018**

If you or your partner has used maternity services in Sussex in the last three years, we would love to hear from you. For more information and to complete the survey please follow the [link](#).

**When its #notanemergency** and you need help over the holiday period you can go online and use NHS Choices at [www.nhs.uk](http://www.nhs.uk) or dial 111 and speak to a highly trained adviser, supported by healthcare professionals. To download your guide to #helpmyGP visit

**NHS England:**



**Improved asthma and dementia care from community pharmacists under new quality scheme:** Most community pharmacies in England are now providing improved asthma and dementia care, NHS England figures show. Thousands of community pharmacists took up incentives to offer new patient services, such as providing asthma checks and undertaking training to become more dementia aware, as part of a programme to improve care. The uptake figures from NHS [...] [Click Here](#)

#### **NHS70: Celebrating 70 years of the NHS**

The National Health Service is turning 70 on 5 July 2018. It's the perfect opportunity to celebrate the achievements of one of the nation's most loved institutions, to appreciate the vital role the service plays in our lives, and to recognise and thank the extraordinary NHS staff – the everyday heroes – who are there to guide, support and care for us, day in, day out. [Click here](#)

#### **Involvement – From NHS In touch bulletin 65 [Click here](#)**

**Personal health budget holders invited to have your say:** new survey now open.

If you receive a personal health budget or integrated personal budget (combining health and social care funding) you are invited to share your experience of the care and support you receive in a new survey being run by NHS England. The survey will be open from Thursday 1 March to Monday 30 April, you can register your interest here. All survey responses will be anonymised and used to help improve how personal health budgets are offered in England.

#### **West Sussex County Council**

##### **Is it 'private fostering'? Know your responsibilities**

Are you aware of a child who has been living with someone who is NOT a close relative (e.g. a parent, sibling, grandparent, uncle or aunt) for 28 days or more?. If the child involved is under 16 (or 18 if disabled), there is a legal duty to inform your local authority about such an arrangement. This is so that we can provide advice and information to the carer and ensure the child or young person is being well cared for. If you are unsure whether a child is being privately fostered please email [Duncan.Kentell@westsussex.gov.uk](mailto:Duncan.Kentell@westsussex.gov.uk) To inform us about an arrangement call the MASH Team on 01403 229900. Find out more at [www.westsussex.gov.uk/privatefostering](http://www.westsussex.gov.uk/privatefostering)

**Think Carer:** Are you caring for someone? Register the West Sussex Digital Offer at Carers UK There is a free digital service carers can sign up to where they can find guides to help them in their caring role, information on caring, carers' rights, problem solving and much more. There's a free Carers UK mobile phone app called Jointly (free code DGTL2948), for those who want to organise or share care. For more information visit West Sussex Digital Offer [Click Here](#)

#### **E Newsletter for March 2018 [link](#)**

**Dry January participation survey** closes 28 March 2018.

Dry January, run by Alcohol Concern and supported by Public Health England, aims to get people thinking and talking about their drinking habits, and to reassess them, by having a month free from alcohol. Public Health, Healthy Lifestyles team have created a survey to find out about participation in Dry January 2018 by West Sussex residents and the benefits they received or challenges faced from taking part. For more information or to take part, please follow this [link](#).

#### **Healthwatch**

**West Sussex : March Heads Up:** [Click Here](#)

**What should Healthwatch West Sussex be working on?** Last chance to complete the survey. Healthwatch's work has the potential to span the whole of health and social care for children and adults. To work as effectively as they can for local people, they focus their planned projects and

time in the community around a few key areas, which they call their priorities. They want to make sure their proposed priorities for 2018/19, and the work they think they could carry out, are right. To complete the survey click [here](#).

### Crawley Community

**Rethink Crawley Support and Social group:** Do you have experience of mental health issues? Come and join our group, a space to speak openly and get support and information from others. 1<sup>st</sup> Monday of every month, 7-9pm, Longley Room, 1-2 Gleneagles Court, Crawley, RH10 6AD. For all enquiries call Andrew on 07464398427 or email: [groups@rethink.org](mailto:groups@rethink.org)

### Crawley CVS

#### Crawley CVS news

**Crawley CVS Job Vacancies:** CCVS are recruiting Resources and Engagement Manager, a Prescription Plus Engagement Officer and Community Support Co-ordinator. For further detail, please follow the [link](#).

**Get to know the Funders Event:** This event being held on 29 March 2018, from 9am - 3pm, at K2 Crawley. For more information follow the [link](#).

### Horsham and Mid Sussex Community

**HAMSVA E Bulletin** March : [Click Here](#)

**Parkinson's Self-Management Programme:** Each self-management group brings together 12 people with Parkinson's, partners and carers. Groups meet locally for six sessions of discussion, activity and self-reflection. For further detail click [here](#).

### Community Other

**National Kidney Foundation:** for information , helpline and to sign up to their regular newsletter <https://www.kidney.org/>

**Sussex Prisoners' families;** A community interest company which supports local families to cope emotionally and practically with the imprisonment of a loved-one. Offering support and advice to families, as well as training and awareness-raising for professionals so that they can better meet families' needs. [Click Here](#)

**Sussex Oakleaf:** Sussex Oakleaf provide a range of support services to people with mental health needs, those with a personality disorder and individuals at risk of homelessness. Their annual report highlights the excellent work that the charity has been doing over the past year and demonstrates the vital importance organisations like Sussex Oakleaf play in the local community. If you would like a hard copy of the report or have any queries at all about it contact Dominic Goodeve Tel: 01444 459517 (ext. 805) [Click Here](#)

**Young Minds March newsletter** [link](#)